

Eligibility

A gymnast with previous competitive experience outside the USA Gymnastics Development Program, including USA Gymnastics Xcel, who is at least 12 years old may petition the Indiana State Administrative Committee (SAC) for direct entry into Level 7 or below. A video demonstrating the athlete's skill level must accompany the petition.

SUBMIT COMPLETED FORM + SUPPORTING VIDEOS TO: sacc@indianausag.org

Date Submitted**Athlete Name****Athlete DOB****Athlete USAG Number**☐ Athlete is age 12 or older**Club Name****Coach Name****Coach Email****Coach Phone****Level Petitioning Into**☐ Level 5☐ Level 6☐ Level 7**PREVIOUS COMPETITIVE EXPERIENCE****Previous Organization / Program****Previous Level / Division****Most Recent Competitive Season****Years of Competitive Experience**

Briefly describe the athlete's previous competitive gymnastics experience:

REASON FOR DIRECT ENTRY REQUEST

Explain why you are requesting direct entry into this level and why you believe this level is appropriate for the athlete at this time.

This checklist is a screening tool only. Checking an item does not guarantee the skill will receive credit or that the petition will be approved. Videos should clearly show the athlete performing the requirements with sufficient quality and control for evaluation.

UNEVEN BARS - LEVEL 6

- ☐ 1. One cast - minimum 45 degrees above horizontal (above horizontal fulfills the special requirement).
- ☐ 2. Minimum of one bar change.
- ☐ 3. One 360-degree clear circling element from Group 3, 6, or 7 (no hips on bar).
- ☐ 4. Salto dismount - minimum A.

BALANCE BEAM - LEVEL 6

- ☐ 1. Non-flight acro series OR one acro flight element (isolated or in connection), excluding mount/dismount.
- ☐ 2. One leap/jump requiring 180-degree cross or side split (isolated or in series).
- ☐ 3. Minimum 360-degree Group 3 turn on one foot (isolated or in series).
- ☐ 4. Aerial/salto dismount - minimum A.

FLOOR EXERCISE - LEVEL 6

- ☐ 1. One acro pass with a minimum of 2 directly connected flight elements; one must be a salto.
- ☐ 2. Second acro pass with a different salto; minimum 2 directly connected flight elements OR one isolated B salto.
- ☐ 3. Dance passage with a minimum of 2 different Group 1 elements (directly or indirectly connected); one must be a leap requiring 180-degree cross/side split.
- ☐ 4. Minimum 360-degree turn on one foot (isolated or in series).

VIDEO / SAFETY CONFIRMATION

- ☐ I have included video demonstrating the applicable Level 6 requirements above.
- ☐ The videos show the skills clearly enough to evaluate whether credit would be received.
- ☐ I believe the athlete can perform the skills safely, consistently, and with appropriate control.
- ☐ I understand the SAC may request additional video or information before making a decision.

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UNEVEN BARS - LEVEL 7

- ☐ 1. One cast to handstand (45 degrees fulfills the special requirement).
- ☐ 2. Two 360-degree clear circling elements (no hips on bar), same or different.
- ☐ 3. Of the clear circling elements: one must be a B and one must be from Group 3, 6, or 7.
- ☐ 4. Salto dismount - minimum A.

BALANCE BEAM - LEVEL 7

- ☐ 1. Acro series (with or without flight) AND one acro flight element (isolated or in connection); acro special requirements exclude mount/dismount.
- ☐ 2. One leap/jump requiring 180-degree cross or side split (isolated or in series).
- ☐ 3. Minimum 360-degree Group 3 turn on one foot (isolated or in series).
- ☐ 4. Aerial/salto dismount - minimum A.

FLOOR EXERCISE - LEVEL 7

- ☐ 1. Minimum of two acro passes total.
- ☐ 2. One pass with a backward salto and a minimum of 2 directly connected flight elements.
- ☐ 3. One pass with a forward salto (additional elements are allowed).
- ☐ 4. At least one stretched salto, backward or forward.
- ☐ 5. Dance passage with a minimum of 2 different Group 1 elements (directly or indirectly connected); one must be a leap requiring 180-degree cross/side split.
- ☐ 6. Minimum 360-degree turn on one foot (isolated or in series).

VIDEO / SAFETY CONFIRMATION

- ☐ I have included video demonstrating the applicable Level 7 requirements above.
- ☐ The videos show the skills clearly enough to evaluate whether credit would be received.
- ☐ I believe the athlete can perform the skills safely, consistently, and with appropriate control.
- ☐ I understand the SAC may request additional video or information before making a decision.

Coach Acknowledgment

By submitting this petition, the coach confirms that the information provided is accurate to the best of their knowledge.

- ☐ I acknowledge the statement above.